

January 2019

Cedar Lake Village

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|--|---|--|
| <p>"May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy</p> | | <p>1 Devotions in mailrooms</p> <p><i>Happy New Year</i></p> | <p>2 9:15 Dancercise - AC 11:15 Devotions - Ch 1:00 HyVee/Friend Visit – Bus 2:30 Bridge - LLR 3:00 Bunco - AC 4:00 Iowan's Group - C</p> | <p>3 9:15 Tai Chi - AC 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 1:00 Assisted Living Mtg - AC 1:30 Yoga - C 1:30 Sew & Sews – M 3:30 Music Enjoyment - C 7:00 Bingo - Cap</p> | <p>4 10:00 Women's Bible Study - C 10:15 Pastoral Visits – CLV 11:15 Devotions – Ch 2:30 Parkinson's Group - WLC 6:00 Game Night – C</p> | <p>5 3:00 90 Plus Club – C 3:00 Games - AC</p> |
| <p>6 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 2:00 Sunday with Scouts - C 7:00 Bingo – Chant</p> | <p>7 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 10:45 Gospel Music - Ch 11:15 Devotions – Ch 1:00 Walmart – Bus 1:00 Wii Bowling – Cin 1:00 Spanish Class - CPD 3:15 Bible Study – Cin</p> | <p>8 9:15 Strengthenercise - AC 10:15 Act Your Age! - Cin 11:15 Devotions – Ch 1:30 Bingo - AC 1:30 Balance & Brains – Chant 2:30 Senior Housing Mtg - WLC 3:30 Current Events—C</p> | <p>9 9:15 Dancercise - AC 9:30 Chimes – C 11:15 Devotions - Ch 12:00 Lions – C 1:00 Price Chopper/Friend Visit – Bus 2:30 Bridge - LLR 2:30 Winter Wellness - WLC 3:00 Bunco - AC</p> | <p>10 9:15 Tai Chi - AC 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 1:30 Yoga - C 1:30 Prayer Shawl – M 3:30 Music Enjoyment - C 7:00 Bingo - Cap</p> | <p>11 9:15 STEP (balance) - AC 10:00 Women's Bible Study - C 10:15 Pastoral Visits – CLV 11:15 Lunch Bunch - Bus 11:15 Devotions – Ch 12:30 Bridge - C 6:00 Game Night – C</p> | <p>12 2:00 Bennett Recital - WLC 3:00 Senior Science - C 3:00 Games - AC</p> |
| <p>13 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 1:30 Dog Visits - L 7:00 Bingo – Chant</p> | <p>14 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 11:15 Devotions – Ch 1:00 Target– Bus 1:00 Wii Bowling – Cin 1:00 Spanish Class - CPD 3:15 Bible Study – Cin</p> | <p>15 9:15 Strengthenercise - AC 10:15 Act Your Age! - Cin 11:15 Devotions – Ch 1:30 Bingo - AC 1:30 Balance & Brains – Chant 3:30 Current Events</p> | <p>16 9:15 Dancercise - AC 9:30 Chimes - C 11:15 Devotions - Ch 1:00 Price Chopper/Friend Visit - Bus 2:30 Bridge - LLR 3:00 Bunco - AC 4:00 Creative Writing - C</p> | <p>17 9:15 Tai Chi - AC 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 11:30 Birthday Lunch - C 1:30 Yoga - C 1:30 Sew & Sews – M 3:30 Music Enjoyment - C 7:00 Bingo - Cap</p> | <p>18 9:15 STEP (balance) - AC 10:00 Women's Bible Study - C 10:00 Mass - Ch 10:15 Pastoral Visits – CLV 11:15 Devotions – Ch 12:30 Bridge - C 1:00 Matinee - Cin 6:00 Game Night – C</p> | <p>19 3:00 Games - AC</p> |

Women's Bible Study **Fridays, 4th – Feb 8th** **10:00** **Commons**

A new 6 week Bible Study will begin on Friday, January 4th. Please join other women as they study the book of James. Books are provided.

Parkinson's Group **Friday, 4th** **2:30** **W&LC**

Please join Marco Recalde (scientist, exercise physiologist, trainer) as he visits with us on latest research about benefits of boxing for Parkinson's. He will assist and coach Parkinson's people to avoid falls and enjoy a higher standard of balance and neuromuscular control.

Winter Wellness **Wednesday, 9th** **2:30** **W&LC**

During the cold and dark season of winter, it is even more important than ever to stay on top of your physical and mental health. Please join us to learn tips and practice techniques to stay strong, healthy and motivated even on the coldest, snowiest days! (*Questions, contact Marketing*)

Lunch Bunch **Friday, 11th** **11:15** **Bus**

Hungry for a little Mexican food? Then sign up in the sign-up books for lunch at Mi Ranchito! Join your CLV friends for a taco, burrito, enchilada.....

Bennett Recital **Saturday, 12th** **2:00** **W&LC**

Please join in welcoming this group of students as they perform for us. They've enjoyed being at CLV in the past and look forward to returning.

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|--|--|--|---|--|---|-----------------------|
| 20 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 7:00 Bingo – Chant | 21 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 11:15 Devotions - Ch 1:00 Walmart- Bus 1:00 Wii Bowling - Cin 1:00 Spanish Class - CPD 3:15 Bible Study - Cin | 22 9:15 Strengthening - AC 10:15 Act Your Age! - Cin 11:15 Devotions – Ch 1:30 Bingo - AC 1:30 Balance & Brains – Chant 3:30 Current Events | 23 9:15 Dancercise - AC 9:30 Chimes – C 11:15 Devotions - Ch 12:00 Lions – C 1:00 Price Chopper/Friend Visit – Bus 2:30 Bridge - LLR 3:00 Bunco - AC | 24 9:15 Tai Chi - AC 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 1:30 Yoga - C 1:30 Prayer Shawl – M 1:30 Lutheran Service – Ch 3:30 Music Enjoyment - C 7:00 Bingo – Cap | 25 10:00 Kansas: <i>The Sunflower State</i> - WLC 10:00 Women's Bible Study - C 10:15 Pastoral Visits – WLC 11:15 Devotions – Ch 12:30 Bridge - C 6:00 Game Night – C | 26 3:00 Games - AC |
| 27 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 7:00 Bingo – Chant | 28 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 11:15 Devotions - Ch 1:00 Kohl's - Bus 1:00 Wii Bowling - Cin 1:00 Spanish Class - CPD 3:15 Bible Study - C | 29 9:15 Strengthening - AC 10:15 Act Your Age! - Cin 11:15 Devotions – Ch 1:30 Bingo - AC 1:30 Balance & Brains – Chant 3:00 Rosary/Meditation - Ch 3:30 Current Events | 30 9:15 Dancercise - AC 9:30 Chimes – C 11:15 Devotions - Ch 1:00 Price Chopper/Friend Visit – Bus 2:30 Bridge - LLR 3:00 Bunco - AC | 31 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 2:00 Snowball Baseball - WLC 7:00 Bingo – Cap | KEY AC - Activity Center C - Commons Cap - Capital Dining Ch - Chapel Chant - Chanticleer Cin - Cinema CPD - Capital Private Dining L - Library LLR - Lodge Living Room M - Multipurpose Room P - Pool PL - Plaza Lobby TSC - Town Square Chapel WLC - Worship & Life Center | |

Kansas: The Sunflower State Friday, 25th 10:00 W&LC

Let's celebrate Kansas Day a few days early by hearing all about our beautiful state! Join speaker Fred Hartman, World Traveler, as he shares slides and stories from around Kansas.

Snowball Baseball Thursday, 31st 2:00 W&LC

"Take me out to the ballgame; take me out to the crowd..." That would be Cedar Lake Village Worship and Life Center! Sign up to be on a team (no bats or running involved) or sit in the stands and cheer while munching on hot dogs, peanuts and cracker jacks! Watch and encourage Kansas City Royals mascot, Sluggerrr throw the first snowball! Take a picture with Sluggerrr!!! Plan on having a fun filled afternoon with CLV friends in a little competitive ball game. Remember to sign up to be on a team! Sign-up sheets in sign-up books. Everyone is able to play.

It's \$NOW - ing!
 This puzzle contains
 22 words that begin
 with "snow-".

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| S | M | S | O | O | Y | Y | L | M | U | E | N | W | S | N | O |
| N | R | Z | N | W | W | A | O | S | K | R | O | S | N | O | W |
| O | X | S | O | O | B | S | E | A | J | G | W | N | O | W | M |
| W | V | N | N | W | W | R | L | G | X | E | B | O | W | D | A |
| S | S | H | O | O | I | F | E | I | P | Y | L | W | P | R | K |
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| Q | N | S | N | O | W | L | E | S | S | M | T | Z | S | U | B |
| S | P | S | K | S | N | O | W | S | H | O | E | S | Z | N | C |
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| L | W | D | O | S | N | O | W | A | N | G | E | L | W | N | X |