


December 2018

Cedar Lake Village

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>“For to us a child is born, to us a son is given, and the government will be on his shoulders. And He will be called Wonderful Counselor, Mighty God,</p> <p>Various groups will be caroling for us throughout December! Please check flyer in mail rooms and elevators for information.</p>						1
2 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 2:00 Sunday with Scouts - C 7:00 Bingo – Chant	3 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 10:45 Gospel Music - Ch 11:15 Devotions – Ch 1:00 Walmart – Bus 1:00 Wii Bowling – Cin 1:00 Spanish Class - CPD 3:15 Bible Study – Cin	4 9:15 Strengthening - AC 10:15 Act Your Age! - Cin 11:15 Devotions – Ch 1:30 Bingo - AC 1:30 Balance & Brains – Chant 2:30 Caregivers - LLR 2:30 Coffee/Conversation - L 3:30 Current Events - C	5 9:15 Dancercise - AC 9:30 Chimes – C 10:00 Norway Travels - Cin 11:15 Devotions - Ch 1:00 HyVee/Friend Visit – Bus 2:00 Norway Travels - Cin 2:30 Bridge - LLR 3:00 Bunco - AC 4:00 Iowan’s Group - C	6 9:15 Tai Chi - AC 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 11:30 Birthday Lunch - C 1:30 Yoga - C 1:30 Sew & Sews – M 3:30 Music Enjoyment - C 7:00 Bingo - Cap	7 10:15 Pastoral Visits – CLV 11:15 Devotions – Ch 2:30 Parkinson’s Group - LLR 6:00 Game Night – C	8 3:00 Senior Science - C 3:00 Games - AC
9 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 1:30 Dog Visits - L 7:00 Bingo – Chant	10 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 11:15 Devotions – Ch 1:00 Target– Bus 1:00 Wii Bowling – Cin 1:00 Spanish Class - CPD 3:15 Bible Study – Cin	11 9:15 Strengthening - AC 10:15 Act Your Age! - Cin 11:15 Devotions – Ch 2:30 Christmas Resident Council - WLC 3:30 Current Events—C	12 9:15 Dancercise - AC 9:30 Chimes – C 11:15 Devotions - Ch 12:00 Lions – C 1:00 Price Chopper/Friend Visit – Bus 2:30 Bridge - LLR	13 10:30 Spanish Class - CPD 11:15 Devotions – Ch 1:30 Prayer Shawl – M 1:30 Lutheran Comm – Ch 5:00 Resident Christmas Party	14 9:15 STEP (balance) - AC 10:15 Pastoral Visits – CLV 11:15 Devotions – Ch 12:30 Bridge - C 2:00 Chisolm Trail Jazz Band - WLC 6:00 Game Night – C	15 3:00 Games - AC

Sunday with Scouts **Sunday, 2nd** **2:00** **Commons**

Help the girl scouts decorate Christmas Cookies! I imagine you’ll even get to eat one or two!

Norway Travels **Wednesday, 5th** **10:00 & 2:00** **Cinema**

Grab a cup of hot chocolate or coffee and come explore Norway in the comfort of the CLV Cinema! Mabel has traveled to Norway and will be at the showings to answer questions and make comments about this beautiful country.

Christmas Resident Council **Tuesday, 11th** **2:30** **W&LC**

Assisted Living and Housing with Services, enjoy a special combined Resident Council Meeting this December! Hope you’ll come and share this festive time with one another.

Resident Christmas Party **Thursday, 13th** **5:00** **Chanticleer/Plaza Lobby**

It’s that time of year to get together with CLV friends! Join us as we celebrate this season with delicious food and beautiful music.

Chisolm Trail Jazz Band **Friday, 14th** **2:00** **W&LC**


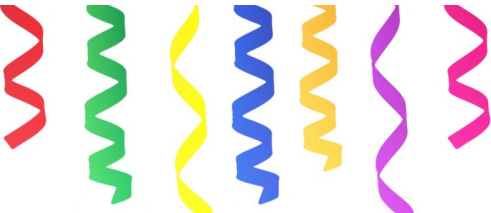
Come listen to this wonderfully talented group of students as they perform for us! They are looking forward to coming back to CLV and we’re looking forward to hearing them again.

KEY

- AC** - Activity Center
- C** - Commons
- Cap** - Capital Dining
- Ch** - Chapel
- Chant** - Chanticleer
- Cin** - Cinema
- CPD** - Capital Private Dining
- L** - Library
- LLR** - Lodge Living Room
- M** - Multipurpose Room
- P** - Pool
- PL** - Plaza Lobby
- TSC** - Town Square Chapel
- WLC** - Worship & Life Center

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16 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 7:00 Bingo – Chant	17 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 11:15 Devotions - Ch 1:00 Walmart- Bus 1:00 Wii Bowling - Cin 1:00 Spanish Class - CPD 3:15 Bible Study - Cin 6:30 Barbershop Group - WLC	18 9:15 Strengthening - AC 10:15 Act Your Age! - Cin 11:15 Devotions – Ch 1:30 Bingo - AC 1:30 Balance & Brains – Chant 3:00 Rosary/Meditation - Ch 3:30 Current Events	19 9:15 Dancercise - AC 9:30 Chimes - C 11:15 Devotions - Ch 1:00 Price Chopper/Friend Visit - Bus 1:40 Oregon Trail Men’s Choir - WLC 2:30 Bridge - LLR 4:00 Creative Writing - LLR	20 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 1:30 Sew & Sews – M 3:30 Music Enjoyment - C 7:00 Bingo - Cap	21 10:00 Mass - Ch 10:00 Cello Christmas Recital - WLC 11:15 Devotions – Ch 12:30 Bridge - C 2:30 Michael & Roger - WLC 6:00 Game Night – C	22 3:00 Games - AC
23 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 7:00 Bingo – Chant	24 9:30 Aquacise - P 10:00 Bible Study - AC 11:15 Devotions - Ch 1:00 Spanish Class - CPD 3:15 Bible Study - C	25 Devotions in cubbies 	26 9:30 Chimes – C 11:15 Devotions - Ch 12:00 Lions – C 1:00 Price Chopper/Friend Visit – Bus 2:30 Bridge - LLR	27 9:15 Tai Chi - AC 9:30 Balance in Pool – P 10:30 Spanish Class - CPD 11:15 Devotions – Ch 1:30 Yoga - C 1:30 Prayer Shawl – M 1:30 Lutheran Service – Ch 7:00 Bingo – Cap	28 9:15 STEP (balance) - AC 10:15 Pastoral Visits – CLV 11:15 Devotions – Ch 12:30 Bridge - C 2:30 End of the Year Party - WLC 6:00 Game Night – C	29 3:00 Games - AC
30 9:15 Catholic Comm. – Ch 9:30 Worship – WLC 7:00 Bingo – Chant	31 9:15 Yoga - AC 9:30 Aquacise - P 10:00 Bible Study - AC 11:15 Devotions - Ch 1:00 Joy Ride - Bus 1:00 Wii Bowling - Cin 1:00 Spanish Class - CPD 3:15 Bible Study - C	 <p>End of the Year Party Friday, 28th 2:30 W&LC</p> <p>Let’s close out 2018 with one of our favorite performers! Come for a cup of “sparkly” and enjoy Jane, Music with a Smile!!!</p>				

Barbershop Group Monday, 17th 6:30 W&LC

More wonderful music with this group of 25 men singing barbershop harmony! It’s a great way to spend a Monday evening.

Oregon Trail Men’s Choir Wednesday, 19th 1:40 W&LC

We heard men singing on Monday; now let’s hear young men sing this afternoon! Please welcome Oregon Trail Middle School as these students entertain us.

Cello Christmas Recital Friday, 21st 10:00 W&LC

Another musical treat is in store for us as we listen to cello music! We appreciate the talent of these fine young musicians.

Michael & Roger Friday, 21st 2:30 W&LC

Our very own Michael along with a past employee, Roger, will pass the afternoon away with laughter and song! You’ll want to be sure and attend. Thank you Michael.

HEALTH SERVICES

Individual Counseling with Robin Helget: 785-408-7529

Chiropractic Neurologist on Wednesdays: Dr. Matthew Sorell (913) 948-9494

Massages on Tuesday afternoons and Fridays. Call for appointment: (913) 953-1357

Preventative Dental Care on Thursdays: (785) 969-5700

Personal Trainer: 998-1087

Wellness Clinic: First Tuesday of each month. AL Library 7:30-9:30